

1<sup>st</sup> April 2020

Dear Parent/Carer,

We are all facing new challenges in managing our response to the threat from Coronavirus. The government have recently shared further guidance with schools about how we can help protect pupils' mental health and how we can help keep young people safe without the structure of a regular school day. We hope you find some of the contact details listed in this letter useful. We have also shared how you can get in touch if you are concerned about a child's wellbeing – whether it is your own child or another.

We will also provide information for our pupils through Class Dojo so they can access some of the support services easily. All the details provided here are also posted on our website.

Mental Health Support

Websites:

- <https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak> - containing the latest government advice on supporting pupils to maintain good mental health during the outbreak;
- [kooth.com](https://www.kooth.com) – free, safe and anonymous online support for young people, including counselling and self-help articles;
- [mind.org.uk/information-support/coronavirus-and-your-wellbeing](https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing) – website with guidance on how to cope specifically during this period of uncertainty;
- [mind.org.uk/information-support/helping-someone-else/](https://www.mind.org.uk/information-support/helping-someone-else/) - website with guidance on how to help others when you know they're struggling.

Text services:

- Thriving Kirklees - School nurse health support around mental health and worries/anxiety – 07520618866;
- 24/7 Text line – Young people experiencing a mental health crisis can text YM to [85258](https://www.thrivingkirklees.org.uk/textline).



01484 463366  
option 3



Luck Lane, A SHARE Primary Academy  
Luck Lane, Huddersfield  
HD3 4HA



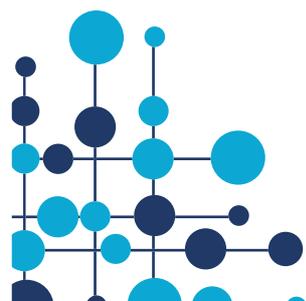
[office.lucklane@roydshall.org](mailto:office.lucklane@roydshall.org)

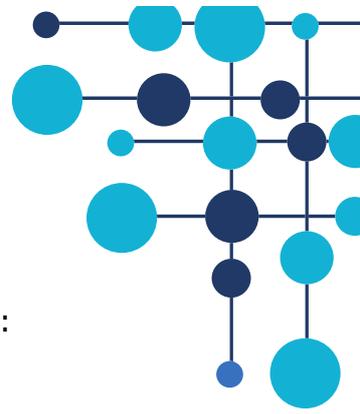


[lucklaneprimary.org.uk](https://www.lucklaneprimary.org.uk)

Valuing people, supporting personal best

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**Head Office** SHARE Multi-Academy Trust, c/o Shelley College, Huddersfield Road, Shelley, Huddersfield, HD8 8NL





For any concerns, including safeguarding or general wellbeing concerns:

E-mail support:

- [wellbeing@sharemat.co.uk](mailto:wellbeing@sharemat.co.uk) – email overseen by the trust. If contacting this address, please put your school name in the subject box, e.g. 'Luck Lane' so that your email can be directed to the right person at your own school to provide help.

Phone support:

- All schools have a Designated Safeguarding Leader who will be contactable by phone Monday to Friday between 8am and 3.30pm for urgent safeguarding enquiries – Please contact us on the school number 01484 463366 option 3, or alternatively email your school's office email address [office.lucklane@roydshall.org](mailto:office.lucklane@roydshall.org) .
- If you are in a position where you are unsafe and in immediate danger, you can also contact the police, dialling 999.

Although schools are closed to the majority of students, we remain here to help. Please be sure to make contact with school if you need support, or access the support mechanisms outlined above. You may be aware of other services that you have been directed to; if this is the case and these are proving helpful, please continue to access these.

We hope you are keeping safe and look forward to seeing you again when the current restrictions are over.

Yours sincerely,

Miss Jo Jenkinson

Head of School