

PSHCE skills should be taught when linked to projects where possible to ensure real world application.

PSHCE Health and Wellbeing

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Know importance for good health of physical exercise and a healthy diet.</p> <p>Manage basic hygiene.</p> <p>Dressing and undressing with support.</p>	<p>Know that we should eat a healthy diet.</p> <p>Be able to say what foods are healthy.</p> <p>Know why we exercise.</p> <p>Manage own personal hygiene.</p>	<p>Discuss ways to stay healthy and identify healthy foods.</p> <p>Understand personal hygiene and know how diseases spread.</p> <p>What makes us happy/sad?</p> <p>What happens when we are not well?</p>	<p>Make healthy choices and discuss reasons for choices.</p> <p>Know how diseases spread and how to control them.</p> <p>Identify how needs change through the life cycle.</p>	<p>Identify what makes a healthy lifestyle and explain how to care for the body.</p> <p>Understand how bacteria and viruses affect the body.</p> <p>Understand basic personal hygiene routines.</p>	<p>Begin to discuss changes which happen to the body.</p> <p>Understand how bacteria and viruses affect the body and how they can be prevented.</p>	<p>Discuss how the body changes and how to maintain hygiene through puberty.</p> <p>Know how to prevent the spread of diseases and viruses.</p>	<p>Understand the effects of mental health problems.</p> <p>Understand the impact of disease in the wider world.</p> <p>Discuss how to manage change and transition.</p> <p>Discuss how to manage emotions and other changes within puberty.</p>
School nurse – the importance of handwashing		Volunteer dental hygienist-dental health		School nurse-personal hygiene			

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PSHCE Relationships

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Talk about feelings and their and others behaviour.	Know that we are all different and that it is okay.	Recognise similarities and differences between people.	Understand that their behaviours and actions can impact on others.	Identify how their behaviour impacts on others.	Understand how to maintain a positive relationship. Understand the nature and consequences of bullying and racism.	Begin to see their actions from a different perspective.	Discuss behaviour choices in society and their consequences.
Know that some behaviour is unacceptable. Begin to understand that their behaviours and actions can impact on others.	Know that some behaviour is unacceptable. Begin to understand that their behaviours and actions can impact on others.	Define bullying and understand that it is wrong. Understand that their behaviours and actions can impact on others.	Identify and respect differences between people. Know how to deal with bullying.	Understand the different types of relationships. Understand different types of bullying and where to access support.	Understand that our home/family situations can change e.g. divorce, separation.	Know what stereotyping is. Understand different values, traditions and customs. Discuss differences between people such as religion, race, disability.	Recognise and challenge stereotypes. Identify positive and negative relationships and where to access support.
Work as part of a groups and class.	Work as part of a group.	Identify that behaviour choices have consequences. Understand that our home/family situations can change e.g.	Identify that behaviour choices have consequences. Know how to respond when things go wrong.	Understand that our home/family situations can change e.g. divorce, separation.			Respect equality and diversity between people. Begin to understand sexual relationships.

ROYDS HALL PRIMARY PHASE PSHCE NON-NEGOTIABLES

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		divorce, separation.	Understand that our home/family situations can change e.g. divorce, separation.				
						Stonewall training	

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PSHCE Wider World

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Understand and follow the rules.	Know why we have rules.	Begin to understand the difference between right and wrong and discuss rules within society.	Understand fairness as a citizen concept.	Show an understanding of values.	Investigate topical issues and explore media sources.	Understand rights and responsibilities and how they impact on own lives and the wider world.	Begin to explore democracy and government as well as justice and laws.
Adjust behaviour to different situations and take changes of routine in their stride.	Be able to follow rules.	Respond to simple questions.	Understand roles within society and meet people to discuss these roles.	Discuss moral and social issues.	Ask and respond to questions and questions from others.	Justify personal opinions linked to broad topical issues.	Analyse different sources and understand media interpretation.
Demonstrate understanding of right and wrong.	Begin to understand the importance of money.	Explain own views and listen to the views of others.	Express own views with reasons. Listen and respond to others views.	Discuss/ debate topical issues affecting themselves and others.	Know why it is important to manage money.	Understand decision making and the impact this has on others.	Show a deeper understanding of enterprise and the economic/business environment.
	Listen to others when they speak.	Understand the importance of money	Know where money comes from and how it should be used.	Understand the importance of saving.	Understand why it is important to care for the environment and know the impact of people's actions.	Show an understanding of enterprise.	Understand the term sustainable development.
			Understand how to look after the environment.			Discuss how to protect the	



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						environment and advise others.	
		Police-The Role of the Police		Police-Anti Social Behaviour			

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PSHCE Safety (see separate scheme of work for e safety work)

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<p>Talk about ways to keep healthy and safe.</p> <p>Be aware of dangers in the home e.g. medicines, berries/plants, electric sockets.</p> <p>Know how to keep themselves and others safe (in the sun, road safety).</p>	<p>Know how to keep themselves and others safe (in the sun, road safety).</p> <p>Know that adults help to keep them safe.</p>	<p>Understand the purpose of medicines.</p> <p>Understand what people can help us stay safe.</p> <p>Internet safety</p>	<p>Understand that some medicines can be harmful.</p> <p>Understand how people keep us safe out of school, particularly road safety.</p> <p>How to deliver basic first aid.</p>	<p>Begin to identify legal substances that affect the body e.g. smoking/ alcohol.</p> <p>Identify safety risks and understand stranger danger.</p>	<p>Understand legal substances and how they affect the body.</p> <p>Understand peer pressure and know where to access help.</p>	<p>Know different legal and illegal harmful substances.</p> <p>Make informed choices about risks and develop strategies to deal with peer pressure.</p> <p>Know what physical contact is acceptable and how to access help and support.</p> <p>Know how to respond in an emergency.</p>	<p>Know how legal and illegal substances affect the body and make informed choices.</p> <p>Know what physical contact is acceptable and how to access help and support.</p> <p>Know how to respond in an emergency.</p>
Police-Basic Road Safety		Police-Road and Seat Belt Safety		Police-e-safety		Fire Service Y5 Talk	Nurse - basic first aid training



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			NSPCC Childline workshop Police e-safety	Police-SPICED Drugs Programme NSPCC Childline workshop Police e-safety
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